

## EO FORUM MEETING AGENDA

		4 Hour Meeting
Connect the Room	<ul> <li>Check-In Rituals</li> <li>Fully Present: electronics off</li> <li>Confidentiality reminder: any near misses?</li> <li>Clear the air: speak or let it go</li> <li>Ice Breaker: a great question</li> <li>Significant and important Updates (3 - 5 minutes each)</li> <li>Parking Lot: efficient discussion (5 minutes)</li> </ul>	45-60 Minutes
	Break: 10-15 minutes	
Present	• Scheduled Presentation: a coached presentation selected in advance of the meeting	60 Minutes
	Break: 10 - 15 minutes	
Varies with Meeting: Planned or from updates	<ul> <li>Presentation #2 (Scheduled or impromptu) and/or</li> <li>Subject Matter Expert: internal or external</li> <li>Brainstorming Session</li> <li>Topical Discussion</li> <li>Connection or Self Discovery Exercise</li> <li>Experiential or Annual Theme Discussion</li> <li>Book or Video Discussion</li> </ul>	60 - 90 Minutes
	Break only if necessary	
Close	<ul> <li>Housekeeping</li> <li>Retreat plans</li> <li>New members for consideration</li> <li>What worked, what could improve?</li> <li>Confirm next meeting(s) details</li> <li>Closing Ritual: appreciation &amp; commitments</li> </ul>	up to 15 Minutes